# Region Commander Safety Message #7



## (2nd Edition) Motorcycle Safety Alert

#### Be visible:

Remember that motorists often have trouble seeing motorcycles and reacting in time.

Make sure your headlight works and is on day and night.

Wear bright clothing.

Use reflective strips or decals on your clothing and on your motorcycle.

Be aware of the blind spots cars and trucks have.

Flash your brake light when you are slowing down and before stopping.

#### Dress for safety:

Remember - there's nothing but clothing between you and the road.

Wear a quality ANSI-approved helmet and eye protection.

Wear leather or other thick, protective clothing.

Choose long sleeves and pants, over-the-ankle boots, and gloves.

During daylight hours riders will wear either a brightly colored outer garment or a brightly colored cover over the top of the upper outer garment.

During hours of darkness riders will wear either an upper outer garment with reflective material sewn into it or a reflective cover over the top of the upper outer garment.

#### Apply effective mental strategies:

Constantly scan the road for changing conditions.

Give yourself space and time to react to other motorists.

Give other motorists time and space to react to you.

Use lane positioning to be seen: Ride in the part of a lane where you are most visible.

Watch for turning vehicles.

Signal your next move in advance.

Avoid weaving between lanes.

Don't ride when you are tired or under the influence of alcohol or other drugs.

Know and follow the rules of the road.

Stick to the speed limit.

### If you drive a car: Tips for sharing the road

Be especially watchful at intersections and when turning left.

Use your turn signal and check your blind spot before changing lanes or turning.

Remember that motorcycle riders deserve the same privileges as other roadway users.

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Commanding